



THE FLAME



Camas Valley Families, Friends, and Businesses-

For the 13th year, CVRFD will be hosting the **2021 Camas Valley Fun Days** to raise funds to support the ongoing construction of our Volunteer Fire Department. This annual family event will take place **the weekend of July 24**, as well as **one-day events on September 11, and October 9**. This family-friendly event has 4x4 Mud Drags, an Obstacle Course, Kids ATV/Bike Races, Adult ATV/SXS/Bike Races, Barrel Racing, Food and Retail Vendors, Camping, and more.

Despite the challenging year we recently endured, the 2020 race season was surprisingly successful. Thanks to the commitment and donations from our local and surrounding community members like you, we have finally been able to complete several projects and have made great strides with the building’s construction. We were able to bring racers and spectators together in a safe manner so they could enjoy these activities, while continuing to practice social distancing. And this year, we hope to do the same, but we need your help!

Our event is solely based on volunteers, donations, and sponsorship, we humbly ask for your help. If you are able to make a donation, any amount would be beneficial and appreciated. With your permission, your name and/or business would be recognized as one of our sponsors. If a monetary donation is not feasible, we would welcome any volunteer help before, during, or after the event(s). Feel free to contact us at **541-430-4254** and **541-430-2486**.

In times like this, we are reminded of how interconnected we are. Thank you for being a part of our community and our event. Without you, none of it is possible.

Stay safe and well,

Amandah Norman,
Secretary/Treasurer, CVRFD
PO Box 220, Camas Valley, OR 97416



We appreciate your support

We received no donations this month

The Flame is published using donations only. They may be mailed to:

**Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416**

Please make checks payable to
Camas Valley Rural Fire District
and designate them for
THE FLAME.

Winston Dillard Food Pantry is still here!

Contracting COVID is scary enough. Imagine becoming a long-hauler—dealing with debilitating exhaustion or permanent organ damage. How do you provide for your family? Or are a parent whose child is suffering from the long term effects? You cannot just send them to school—they can barely walk down the stairs.

Thank goodness there are many social agencies in our county trying to address this problem. Winston-Dillard Food Pantry, now located at the Pavilion at Riverbend Park, is one source of support. And you can support this effort with food donations to the PO food barrel or a check to the Winston-Dillard Food Pantry.

Please send your check to support the Pantry to:

**W-D Food Pantry
c/o Vonnie Wallace
1200 Westside Rd
Camas Valley, OR**



THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles: Items must be in by the 25th

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**

jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

Grange meals are still on hold :(

Email Flame issues are handy!

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early, by the 26th.**

Send name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month, **free.**

Understanding Vaccines by Ketti Walker RN

Since vaccines were invented, the number of babies and adults who get sick or die from vaccine preventable diseases has gone way down, and some diseases have been wiped out altogether in the USA.

What vaccines do we have?

Chickenpox (Varicella) *	Yellow Fever
Cholera	Meningococcal
COVID-19	Mumps *
Diphtheria *	Pneumococcal *
Flu (Influenza) *	Polio *
Hepatitis A *	Rabies
Hepatitis B *	Rotavirus *
Hib (Haemophilus Influenzae Type B) *	Rubella *
HPV(Human Papillomavirus)	Shingles
Japanese Encephalitis (JE)	Tetanus *
Measles *	Whooping Cough *

*14 diseases you almost forgot about thanks to vaccines.

Getting vaccinated is one of the best ways we get protected from potentially harmful diseases. Most people today (except for our new pandemic Covid-19) have never seen first-hand the devastating consequences that vaccine-preventable diseases have on a child, a family, or community. Immunization is a powerful defense that's safe, proven, and effective.

It may be helpful to understand the difference between vaccines, vaccinations, and immunization. A vaccine has historically been made from very small amounts of weak or dead germs that cause diseases, for example, viruses, bacteria, or toxins. It prepares your body to fight the disease faster and more effectively, so you won't get sick. A vaccination is the act of getting a vaccine, usually as a shot. Immunization is the process of becoming immune to (protected against) a disease.

Vaccines do a great job of keeping people from getting serious diseases. In the United States, the rates for most vaccine-preventable diseases are at record or near record lows. But these diseases still exist, even if they are rare in the United States, they may be common in countries that are just a plane ride away. As long as these diseases are around, people will continue to get sick. That is why it's so important for you and your family to get vaccinated.

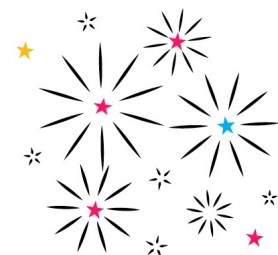


If this is June, the fireworks display put on by the **Camas Valley Pyros** to celebrate the Fourth of July is only a month away!

The gates will open at 8:30, the fireworks begin at dusk. **Mary Helen Banks** will be at the gate asking for donations. Again, no food or entertainment this year (let us hope that is the last time we have to hear that!)

Despite the COVID protocols, a lovely summer evening under the stars with your loved ones oohing and aahing over the "rockets' red glare" is a pleasant thought.

There is much to do to put on this great show. If you would like to help in some way, call **Mary Helen** at **541-643-6317**.



The Outpost Mobile Food Pantry will be in Camas Valley the following dates over the next couple of months!

***June 10th & 24th,
July 8th & 22nd***

The income guidelines have changed and increased. If you qualify, we would love to come alongside you in helping to feed your household. Come see us!

***Follow the
“Outpost Mobile
Food Pantry”
on Facebook for
up to date changes***



INCOME ELIGIBILITY:			
HOUSE-HOLD SIZE	MONTHLY INCOME	ANNUAL INCOME	
1	\$3,222	\$38,640	
2	\$4,356	\$52,260	
3	\$5,490	\$65,880	
4	\$6,627	\$79,500	
5	\$7,761	\$93,120	
6	\$8,895	\$106,740	
7	\$10,032	\$120,360	
8	\$11,166	\$133,980	
For each additional person add			
	\$1,137		



Remember that Mary Helen could use some help with the Birthday Calendar. The funds from this project go directly to the fireworks expenses!

KA-BOOM!

SMART READING UPDATE

SMART will in a virtual form for the beginning of the school year. The options are still being formulated. Readers will be contacted for opportunities to train over the summer in preparation for the school year.

The earliest that in-person reading can resume is January 2022 depending on the status of the pandemic at that time.



The coronavirus disease 2019 (COVID-19) pandemic disrupted our lives and healthcare systems and accounted for millions of illnesses across the globe ranging from mild to severe to deadly. COVID-19 vaccination is a critical tool in stopping this pandemic. Millions of people in the United States have received COVID-19 vaccines. These vaccines have undergone the most intensive safety monitoring in the U.S. history and were found to be both safe and effective, using a new method using mRNA, not the virus in any form. These two vaccines require two doses. The first shot starts building protection. A second shot a few weeks later is needed to get the most protection the vaccine has to offer. It is unknown at this time if a yearly booster will be needed.

Common questions:

- ◆ Are COVID-19 vaccines safe? COVID-19 vaccines are safe and effective. Millions of people in the USA have received COVID-19 vaccines under the most intense safety monitoring in U.S. history.
- ◆ Who should not get a COVID-19 vaccine? If you had a severe allergic reaction after a previous dose of the vaccine or had a severe allergic reaction to any ingredients of the vaccine.
- ◆ Can Covid-19 vaccine affect future pregnancy? There is no evidence that they do, according to ACOG and SMFM.
- ◆ Should you get vaccines if you have an autoimmune disease? There is no data currently available on the safety of COVID-19 vaccines for people with autoimmune conditions.

The concept of community immunity, or herd immunity is as follows. Germs

can travel quickly through a community and make a lot of people sick. If enough people get sick, it can lead to an outbreak. But when enough people are vaccinated against a certain disease, the germs can't travel as easily from person to person-and the entire community is less likely to get the disease. That means even people who can't get vaccinated will have some protection from getting sick. And if a person does get sick, there's less chance of an outbreak because it's harder for the disease to spread. Eventually, the disease becomes rare-and sometimes, it's wiped out altogether.

Thank you, former President Donald Trump and Melania in January 2021 for showing the way and getting vaccinated against the pandemic when you showed positive for the virus. At the Conservative Political Action Conference in Orlando, Florida, Trump told the audience, "How un-painful that vaccine shot is, so everybody go get your shot". By March President Biden compelled state, local, and tribal governments to make all American adults eligible to sign up for Covid-19 vaccines no later than May1.

Now days you can go get a vaccine with little to no difficulty, and it is free. With so many getting vaccinated our state and country is slowly coming out of a very difficult time. With everyone working together, we can get back to going out and about without hurting (exposing) ourselves or others to now a preventable situation. Wear a mask when recommended (not for you but for others), wash your hands, and get vaccinated.

Enjoy your summer!

OUTPOST



MOBILE FOOD CENTER

Camas Valley Fellowship parking lot

1:00-3:00 pm

June 10th & 24th

(Thursdays of the 1st and 3rd full weeks of each month.)

For more information or to sign up, please contact

Teresa O'Sullivan at 541-492-3522,

or

Teresa.OSullivan@ucancap.org

"FREE" Community Clothes Closet

When: 1:00 pm to 3:00 pm, first Thursday following the first Monday of the month.

June 10th

Where: Parking lot of Camas Valley Christian Fellowship (alongside UCAN (mobile food bank, in front of the church).

How: Providing free clothes for the community.

Why: Because we love you!

For clothing emergencies please call (503) 302-6323.

We can pick up items, or meet you or you may drop off items at 306 Hard Cash Lane (stay to the right after exiting highway), leave items at the 306 sign, by gate, and just text us or call to let us know that you made a drop off, thank you.

We accept: Clean gently used clothes, bedding, small appliances etc.



Camas Valley Business Directory

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of Business _____

Name of Business _____

Owner/ Contact person _____

Phone Number(s) _____

Days open _____

Hours open _____

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to : jwickham52@gmail.com

Do you have a new business in the valley? Have you expanded your business services? Is there information about your business that you need to get out to valley residents? While **THE FLAME** is a non-profit publication and cannot advertise, we can inform our readers about what services you offer, changes in your business, etc.

Be sure to include contact information so I may get back to you for clarification.



Superintendent's Message

Dear Camas Valley,

A lot is happening here at school as we near the end, and of course, planning for next year is in full swing. This year's graduation will be outside on our football field on **June 11th**. Everyone is invited, and mask or face coverings will not be required! On that note, it was a great relief for Oregon Department of Education to finally let kids take masks off outside. ODE will release information about next year concerning these issues in early summer, but this step is a good sign.

As we continue to move towards next year, I wanted to let you know that a survey concerning school offerings will be on our website, so please look for it and share your thoughts. The survey is related to the SIA planning we started last year; from that, we started the music program in the school.

Almost all our staff is coming back, but we will have a few new staff members next year; I will be introducing them to you next month.

Thank you for all your understanding this year as we went through this COVID ordeal. I look forward to getting back to normal, and we will continue to move in that direction. Feel free to contact me if you have any concerns or would like to share.

With Care,

Mr. Wonsley



Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

**Turkey Gulch
Alpacas**
LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Animal caretaker

**The Animal Care
taker**
Offering Pet/livestock
care when you are
on vacation
Elissa Eckman
(541)784-6428

Art, painting lessons

Lang Crk Studio
Kay Ganieany
Mon.-Thurs.,
by appt.
541-445-2001

Auto Repair

**C&C Diesel & Auto
Repair**
David Chadwick
M-F, 9-6
541-445-0005

Autobody repair/paint

**Green Collision
Repair/Horizon
Autobody**
Marvin &
DeVoogd
M-F, 8-5
541-679-6100

Beauty

**Lord and Lady
Lavender**
Jerry Ashford
Online 24/7
lordandladylavender.com
Anytime
408-857-8782

Nails by Crystal
Crystal Cummings
541-643-7253
Thurs.—Sun., 9-4

Scissor Trix
Jennie Plikat
By appt.
541-733-1919
**Or in Green at
4886 Grange Rd.
541-236-7086**

Christmas trees, U-cut / wholesale

**Calico Christmas
Trees**
Shari White
Nov. & Dec.
7 days/wk 9-4:30
541-445-2350
541-670-0458

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump truck/rock haul

**Kevin Wilson
Trucking**
Kevin & Michelle
Wilson
541-670-6589
541-430-9851

Electrical Contractor

Alan Sabin Electric
Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
541-440-3792
541-445-2070

Eng. consulting design/ drafting

TV Design, LLC
Troy I. Vanderhoof,
P.E.
M-F, 9:00-17:00
541-643-0138

Fire Equipment

**Dia-Cast Fire
Equipment**
Sales and Rentals
Don/Diane Casteel
541-643-8556

Garbage Disposal

**Camas Valley
Disposal**
Scott & Darla
Standley
Wkly. Wed. pick-up
541-445-2245
541-445-2055

Handcrafted gifts

**Country Crafts &
Graphics**
Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Handcrafted gifts, cont.

**Frosted Treasure
Designs**
Lori Ross
541-637-9774

Frostedtreasuredesign
@gmail.com

Handyman, lawn/garden equipment

Quiet Mtn. Tinker
Mike Moore
By appointment
541-580-2524

Health and wellness

**Plexus worldwide
Supplements**
Charman Shields
541-430-3600

www.plexusslim.com/
charmanshields

Honey bees

Phill the Bee Guy
Phill Moulton
phillthebeeguy@gmail.com
503-349-8463

Horses

Boarding/consult/train

**Blue & Gold
Stock Farm**
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade
Lisa Muller
541-430-1974

Local Artist, consignment

Local Art
Toby Teachman
Open anytime (within
reason) Ring door
bell on shop or call
541-243-3315

Locksmith, keys /locks

**Camas Valley Key
Shop**
Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting

Quiet Mtn. Quilting
Missy Jackson
Appt/consult
541-696-5562 (h)
541-671-3174 (c)

Machine quilting, cont.

Sew Fun
Linda Underhill
Call **541-580-2814**

Music

Parker Piano
Lessons for all ages
LeAnn Parker
541-671-3238

Notary/Post Office

CV Post Office
Vickie Farmer
M-F 8-3 Sat 10-2
541-445-2177
541-643-5059

Portable sawmill service

**Backwoods
Custom Milling**
Harvey Saul
541-671-1993

Real Estate, broker

**Berkshire Hatha-
way Homeservices
Real Estate
Professionals**
J.T. Berk
541-430-6078

Rental, Storage,

BK Mini Storage
Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

Sewer/underground utilities/roads/pads

**Scott Standley
Const.**
Scott & Darla
Standley
Mon.-Sat., 8-5
541-445-2245



Small engine repair

Hunt's Chainsaw
Theran Hunt
Mon.-Fri.
541-430-7283

I wonder what it would be like to live in a world where it was always June. L M Montgomery

June

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		1	2 Booster Club 6:30 pm At the CVFD	3	4 Last day for seniors!	5
6	7 Fire Dept. Training 7pm	8	9	10 Mobile Food Cart 1-3 Fellowship Church lot Free clothing giveaway Church lot	11 No School Senior Graduation on football field 	12
13 	14 8th grade promotion Fire Dept. Budget Mtg. 5 Board Mtg. 5:30 Fire Dept. Training 7pm	15	16 Last day for students 	17 School Bd. Mtg. 7 pm	18 Last day for teachers	19
20 Father's Day 	21 Fire Dept. Training 7pm 	22	23	24 Mobile Food Cart 1-3 Fellowship	25 Flame deadline	26
27	28 Fire Dept. Training 7pm	29	30			

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u> Coffee Fellowship 10:00 am Morning Worship 10:45 am Youth Church 11:00 am	<u>Sunday</u> Morning Worship 10:00 am & Sunday School <u>Monday</u>	<u>Sunday</u> Morning Worship 9:00 am & Children's Sunday School Fellowship 10:00 am w/ beverages and snacks
<u>Wednesday</u> Bible Study 10:00 am	Intercessory Prayer 9:00 am Youth Group 6:30 pm	

Camas Valley Volunteer Fire Department
 PO Box 220
 Camas Valley, OR 97416

Non Profit Organization
 US Postage Paid
 Permit No. 2442
 Tenmile, OR 97481
 Standard Mail A

CAMAS VALLEY PO BOXHOLDER
 CAMAS VALLEY, OR 97416